



## Aconcagua Expedition Itinerary

- Day 1: Arrive in Mendoza, Argentina. Your guide will meet you at the airport and escort you to town. We spend the evening at a comfortable hotel in Mendoza.
- Day 2: We travel to the trailhead (8,900 ft) and spend the evening in the hostel there while making final preparations for the trek to base camp.
- Day 3: We begin our slow trek to Aconcagua base camp. All our gear and food is carried by mules to base camp leaving us to carrying light day packs. We travel up the beautiful Horcones Valley to Confluencia (11,000 ft) where we set up camp. We will spend three nights here to properly acclimate before continuing to base camp.
- Day 4: Today we will have a rest day around camp to properly acclimate. We find a day of rest the first full day at altitude is key to avoiding altitude illnesses.
- Day 5: We will day hike out of Confluencia to continue our acclimating, spending 3-4 hours hiking to some of the spectacular vistas near camp.
- Day 6: Today we leave Confluencia and complete the hike to Plaza de Mulas (14,300 ft), the Aconcagua base camp.
- Day 7: Today is another well needed day of rest and acclimating around base camp
- Day 8: We will make a food and gear carry to our next camp around 16,000 ft, returning to base camp. This four hour round trip hike will gain us more acclimating as we continue to sleep lower.
- Day 9: Another day of rest and acclimating at base camp.
- Day 10: We leave base camp for our climb of Aconcagua. We hike to our 1st intermediate camp (16,000 ft) where we will spend the next two nights.

- Day 11: Today we make a carry of food and equipment to our second intermediate camp at 17,500 ft, returning to camp I to sleep.
- Day 12: We move ourselves and the rest of our gear to camp II at 17,500 ft where we will spend two nights as we begin to acclimate to these high elevations.
- Day 13: Once again we move gear and food up the mountain to our advanced high camp, Camp Berlin at 19,500 ft. We return to sleep back at camp II.
- Day 14: We move ourselves into our high camp at 19,500 ft and then prepare for our summit attempt.
- Day 15: Our summit attempt of Aconocagua, 22,841. While not technical, this summit push does require digging deep inside yourself to muster the strength and will to continue to this high altitude summit. Plan on an 8-12 hour day.
- Day 16: This day is reserved for a second summit attempt in case of bad weather.
- Day 17: We descend quickly back to base camp, breathing the (relatively) thick air of 14,000 foot Plaza de Mulas.
- Day 18: We hike out to the trailhead in a long ten hour push, spending the night back at the hostel.
- Day 19: Today we travel by auto back to Mendoza where we have a celebratory dinner and spend the night in a well deserved comfortable hotel room.
- Day 20: We enjoy more of Mendoza, the heart of the Argentinian wine country. Or you can use this day to take an optional early flight home. This day is also built into our itinerary as an extra day in case of delays anywhere else in our expedition.
- Day 21: We fly home to the States.